



DIET. RUKİYE DURMUŞ

DIETICIAN

CONTACT INFORMATION

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EDUCATION

Demiroğlu Bilim University Nutrition and Dietetics 2018-2022

Istanbul Beykent University Cookery 2014-2016

WORK EXPERIENCE

2023 - 2024 Bautyboss

2022 - 2023 Loop Fitness Spa Health Center

2022 - 2022 Florence Nightingale Hospital Istanbul

2022 - 2022 Onlyhealth

2021 - 2022 Prof. Dr. Lutfu Kirdar Training and Research Hospital

2021 - 2021 Medicaderma

2019 - 2022 Birim Clinical Transformation and Awareness

2018 - 2020 Specialist Dietitian Elif Şahin

Foreign Language

English

Certified Courses

Fermentation and Applied Recipes for a Healthy Microbiome

Innovations in Irritable Bowel Diseases: Fodmap-Gaps Diets

Microbiota Supports in Healthy Digestive Management (Prebiotics and Probiotics)

Ketogenic Diet

Athlete Nutrition

Motivation and Trend Approaches in Diet

Metabolic Betrayals

Do Not Underestimate Germs

Unknowns About the Intestine